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(54) Title: INSTANT EMULSION

(57) Abstract: A base composition is provided which is suitable for the preparation of a spreadable emulsion with multiple functionality. The base composition is turned into a spreadable emulsion by a consumer. The preparation of the spreadable emulsion is accompanied by a change in sensory properties.



Instant emulsion

#### Field of the invention

The invention relates to a method for the preparation of a spreadable oil and water containing emulsion and to a base composition suitable for preparation of this spreadable oil and water containing emulsion.

#### Background to the invention

Kitchen products that are suitable for use in frying, baking, and spreading (on bread, toast or the like) are well known for decades. These products are generally offered to a consumer in the form of a final product in a tub or wrapper.

Such products have the disadvantage that they have a limited storage stability, especially leading to products with phase separation upon storage at a temperature of about room temperature (20 to 35 °C). In US-A-4160850, this disadvantage is acknowledged. Hence this document provides a shelf-stable mix suitable for consumer preparation of a spreadable butter substitute. However, the products provided therein require a set of actions which take a long time, require the use of relatively sophisticated electrical equipment and in many cases recommend storage of the product in a refrigerator to completely stabilize the emulsion.

Furthermore these products are generally considered as standard products which use is generally automatic without recognition of any specific feelings upon its use. These products are however used daily in many households and could provide variation and excitement in their use provided they are delivered in the appropriate format.

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The use of concentrates and powders for preparing an emulsion is already known for dressings, beverages and similar products. EP-A-796567 discloses a process for the preparation of a free-5 flowing and instantly soluble granular food product. Granules are dissolved or dispersed in warm or boiling water to obtain a final emulsion product.

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However none of the documents relating to instant preparation 10 of dressings or beverages teaches how traditional, spreadable products may be prepared or whether the technology is applicable for such products as well. It is believed that in the current consumer society the simple provision of granulates or a concentrate will not be sufficient to catch the consumer's 15 interest in a product and therefor one of the aims was to provide a process and product which do attract the consumer's attention and lead to multiple and consistent purchasing over a long period of time.

- 20 It is an object of the invention to provide an attractive process for the preparation of a spreadable oil and water containing emulsion and a base composition suitable for use in this process.
- 25 Another object is to provide a base composition for preparing the above kitchen products which are easy and interesting to prepare and attractive for a consumer to purchase. Preferably this base composition is easy to make and creates curiosity and interest from a consumer.

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Summary of the invention

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It has surprisingly been found that at least part of the objectives are met by a process which is characterised by a surprising effect, whereby a base composition is provided that can be formed into an emulsion by manual operation within a 5 short time while showing a perceivable change in at least one sensoric property.

Therefore the invention relates to a method for the preparation of a spreadable oil and water comprising emulsion, comprising 10 mixing a base composition with oil and/or water by a simple, preferably manual, operation, wherein the spreadable emulsion is prepared within 3 minutes and the preparation is accompanied by a change in sensory properties which is demonstrated by an R-index in the R-index sensitivity test of more than 80%.

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In a further aspect the invention relates to a base composition suitable for use in this process.

#### Detailed description of the invention

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All percentages herein are by weight, calculated on total product, unless specifically indicated other wise.

The terms oil and fat are used interchangeably in this 25 specification and claims.

For the purpose of this invention a base composition is defined as a product from which an emulsion comprising water and oil can be prepared. A base composition is for example referred to 30 in US-A-4,160,850 wherein it is called a "shelf stable mix". A base composition is also disclosed in not pre-published application WO-A-02/00030. In the art, base compositions are also referred to as instant products. Examples of instant

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products are powders from which a salad dressing can be prepared by addition of water and/or oil.

For the purpose of the invention the term transparent also includes translucent embodiments.

The base composition according to the invention can be turned into a spreadable emulsion by the addition of at least water and/or oil and optionally other ingredients. Suitable sources 10 for water include but are not limited to milk, (fruit) juice, tea, coffee and the like. Suitable sources for oil include but are not limited to the oils that are usually present in a consumer household such as olive oil, sunflower oil.

15 The base composition is suitable for preparing an edible emulsion. Edible means that the product is suitable for human consumption.

The emulsion resulting from the process according to the 20 invention preferably has multiple functionality in spreading, baking, topping and frying.

The emulsion prepared from the base composition is spreadable. In the context of the invention, spreadable is defined by a combination of G' and Stevens value wherein the Stevens value, determined by the method illustrated in the examples, is preferably at least 50 g at 5 °C, more preferred from 50 to 800 g at 5 °C and G', determined by the method illustrated in the examples, preferably ranges from 300 to 5000 Pa at 5 °C under the measuring conditions specified in the examples.

More preferred the Stevens value at 5 °C is from 50 to 500 g when measured with a so called mayonnaise grid to a penetration depth of 20 mm or, for harder products of from 100 to 500 g

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when measured to a penetration depth of 10 mm with a cylindrical stainless steel probe of 7mm diameter. Examples of known spreadable products include fresh cheese and dairy based spreads. Water continuous spreadable products are often milk based and optionally acidified as disclosed for example in WO-A-97/04660, DE-A-37101052, DE-A-3822082, EP-A-938,848 and EP-A-603,890.

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Desirably, acceptable spreadable products show a tan delta 10 value from 0.05 to 0.7 at a temperature of 20°C in combination with a strain (critical strain to failure) at tan delta d= 1 of from 0.6 to 2.20 determined by the method according to the examples.

- 15 It has surprisingly been found that the essential feature for instant products is that they are easy to prepare, in combination with a perceivable change in sensory properties obtained during the preparation process. We have found that consumers are attracted to those products that show this
- 20 combination of characteristics whereas conventional instant products are dismissed as unattractive due to their dull image and complicated preparation. Especially consumers with relatively low income are adverse to obtaining instant products which require electrical apparatus such as a household mixer or
- 25 a refrigerator for their conversion to the final product, simply because they often lack this equipment in their household.

Furthermore we have found that the change in sensory properties conjures surprise both during preparation and in respect of the 30 final emulsion formed.

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Therefore in the process according to the current invention, the base composition according to the invention can be converted to an emulsion by simple, preferably manual operation such as kneading, or mixing with a fork.

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The base composition is converted into a final emulsion within 3 minutes. It is essential for a consumer that the time for preparation is at most three minutes, preferably at most 2 minutes, more preferred from 10 seconds to 1.5 minutes.

10 Consumers were found to reject products that take longer in their preparation and especially those which need refrigeration before they are ready for use.

The preparation of the emulsion is accompanied by a change in sensory properties. Sensory properties are for example flavour, texture, colour, aroma. These sensoric features can be perceived by a consumer when looking at, smelling or eating the product.

- 20 For the purpose of the invention texture is defined by many aspects of which the most common are listed below.
  - Viscosity as measured by the RVA-method disclosed in the examples is a measure for texture.
- 25 In a preferred embodiment the change in sensory properties is a change in this viscosity from about 0 to at least 1500 cP, preferably from 0 to about 1500 to about 12500 cP. The final product may harden further upon storage at a temperature below 10 °C.

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Another aspect of texture if yield stress. Yield stress (G') is defined as the force required to deform a product. The method to determine G' is disclosed in the examples.

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Preferably G' of the final product, determined by the method 5 illustrated in the examples, ranges from 300 to 5000 Pa at 5 °C under the measuring conditions specified in the examples.

A change in colour is for example accomplished when a product turns from one distinct colour such as yellow to another such 10 as white, or when two colours such as blue and yellow when combined are forming their mixing colour green.

The change from an at least partially transparent or translucent composition to an opaque composition is also encompassed within the definition of a colour change.

15 This can for example be obtained if the base composition is an at least partially transparent oil or water based composition to which a consumer adds the other component of oil or water thus forming an opaque emulsion upon mixing.

The change in colour can be determined by measuring absorption 20 spectra, especially at a specific wave length.

It is essential for the claimed products that the change in sensory perception is perceived by the consumer. Preferably the change is such that the consumer is surprised that this effect 25 is accomplished. Without wishing to be bound by any theory it is believed that the fact that the base composition is such that the consumer is able to create the final emulsion by simple operation while having the personal ability to create the change in sensory properties, is responsible for the high 30 scores of these products in consumer tests. Contrary to the preparation of products such as soup from instant soup or dressings from a powder, the current final product is not simply a dilution or dissolving of subject matter to come to a

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final product, but starting from a base composition from which by simple measures, a product is obtained which is generally perceived as including complex technology, namely margarine type products.

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The change in sensory properties should be perceived by a consumer. It is generally known that each consumer may have a different sensitivity to product differences such as differences in texture, taste, colour and flavour. The level of change that is perceived by consumers is suitably defined by use of the R-index sensitivity test. The R-index sensitivity test is an alternative to the well known duo trio test and the triangle test. The R-index sensitivity test provides information whether products are significantly different and on the perceived size of the difference.

In the R-index test a reference product is compared to a series of products with different sensory properties and a person is asked to indicate whether the sample tested, compared to the reference product is:

- 20 different, I am sure of it
  - different, I am not so sure of it
  - the same, I am not so sure of it
  - the same, I am sure of it

In the sample testing a reference product is included to serve 25 as a control for the responses of the individual consumer. One test can compare 2 or more products to a reference.

The outcome is put into a response matrix according to table 1. From these data the R-index is calculated according to the 30 calculation below.

Table 1

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	Different Sure	Different Not sure	Same not sure	Same Sure	
Prototype (vs. reference)	а	b	С	d	Np (= a+b+c+d)
Reference (vs. reference)	е	f	g	h	Ns (= e+f+g+h)

Calculation:

R-index = $a(f+g+h)+b(g+h) + ch + \frac{1}{2}(a+b)$	e+bf+cg+dh)
NpNs	,

The R-index represents the percentage of people that could detect a difference between two products. The higher the R-index, the more perceivable the change is. Tables are available in literature which indicate the level above which the R-index indicates a significant difference (depending on the sample size/number of tastings).

The applicable tables are disclosed in Bi, J. and O'Mahony, M., Table for testing the significance of the R-index. Journal of 10 sensory studies 10 (1995) P341-347.

These tables give the minimum value of the R-index to be significant. Products for which the R-index is below this value are perceived as the same. The R-index sensitivity test is also disclosed by M. O'Mahony, J. Sensory Studies 7, (1992) 1-47.

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For the current invention, the change in sensory properties should be such that the R-index in the R-index sensitivity test is more than 80%. Preferably the change in sensory properties is demonstrated by an R-index of more than 90%.

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The emulsion prepared from the base composition according to the present invention may be suitable for a variety of applications, including preferably at least two of spreading (on bread or toast), baking, frying and topping. These uses are all encountered for traditional margarines and butter. The

multifunctional usage of the products adds to the attractiveness of the products for a consumer and also is believed to add to the surprising effect that the consumer herself prepares these products by simple manual operation.

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It will be appreciated that a variety of base compositions may fulfil the requirements of the invention.

Below the preferred characteristics of the base composition are described.

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The base composition is suitable for preparation of oil and water containing emulsions. According to a most preferred embodiment the base composition is suitable for the preparation of an oil in water emulsion.

- 15 In the context of the invention, the term suitable for preparation of an oil and water comprising emulsion, means that the base composition comprises at least part of the ingredients required to make a spreadable emulsion. Upon mixing this base composition with oil and/or water, and optionally further
- 20 ingredients to make a final emulsion, the base composition is turned into an emulsion. Information on use and instructions regarding the addition of further ingredients may be provided orally but is preferably written information. Such written information is typically present on the packaging material of
- 25 the base composition but may also be present as a lose leaflet or information brochure. Such information may consist of pictures or symbols rather than words.

The base composition is suitable for preparing a final emulsion 30 within 3 minutes. This means that the base composition comprises ingredients such that this can be accomplished. Preferably the base composition is based on oil or fat.

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Suitable fats or fat blends are preferably selected from the group comprising sunflower oil, soybean oil, rapeseed oil, cottonseed oil, olive oil, corn oil, groundnut oil, or low melting butterfat fractions and/or combinations thereof. These fats may be partially hydrogenated or could f.e. be interesterified mixtures of hardened fats with liquid oils.

Preferably the base composition comprises an emulsifier selected from the group comprising lecithins, polyglycerol polyricinoleate, monoglycerides, distilled monoglycerides, citric acid esters of monoglycerides, di-acetyl acetic acid esters of monoglycerides, lactic acid esters of monoglyceride, diglycerides, polyglycerol esters of fatty acids or sorbitan esters of fatty acids and polyoxyethylene compositions such as sorbitan monopolyoxyethylene (Tween).

For the embodiment where a final emulsion which is fat continuous is prepared, polyglycerol polyricinoleate is the preferred emulsifier optionally in combination with other emulsifiers.

20 For the embodiment wherein a final emulsion which is water continuous is prepared, lecithins are the preferred emulsifiers, optionally in combination with other emulsifiers.

It will be appreciated that the ingredient composition of the 25 base composition is dependent on the fact whether it is water continuous or fat continuous. If the base composition is essentially based on fat or oil the inclusion of monoglycerides in the base composition is preferably avoided.

For example if the base composition is water continuous a 30 monoglyceride may be included as emulsifier.

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Optionally the base composition further comprises a cold hydrating viscosifying ingredient. These ingredients are defined as those ingredients which will hydrate when added to water which is at a temperature of at most 60°C. The hydration leads to an increase of viscosity of the water in which the ingredient is dispersed. A test to determine suitable cold hydrating viscosifying (CHV) ingredients or systems is described in the examples. This test is further referred to as "RVA method".

10 Those agents or combinations thereof that show a final viscosity after 500 seconds of more than 1700 cP, or that show a final viscosity of from 300 to 600 cP in combination with a rate of hydration defined by the difference of viscosity between time is 0 seconds and time is 100 seconds of more than 15 1200 cP/minute, are considered suitable cold hydrating viscosifying agents.

Suitable agents can also be found by microscopic examination of water swollen compositions. Suitable compositions for spread-like textures show intact, swollen particles, whereas ones

20 showing irregular, "broken" structures tend to be less suitable.

Compositions that are intended for preparation of a final emulsion that is spreadable preferably comprise a cold

25 hydrating viscosifying agent that gives a final viscosity of at least 1700 cP, preferably 1700 to 4000 cP in combination with a rate of hydration of at least 600, preferably 600 to 4000 cP/minute determined by the RVA- method according to the examples.

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Preferably the cold hydrating viscosifying agent is selected from the group comprising cold swelling starch, inulin and gums which give final viscosities greater than 400cP with hydration

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rates greater than 1500cP/min in the RVA method, or combinations thereof.

Especially preferred cold hydrating viscosifying agents are the 5 so called "modified waxy maize starches".

The following guidelines provide guidance for selection of the cold hydrating viscosifying agent.

For the preparation of spreadable final oil in water emulsions, the use of a cold swelling starch as cold hydrating viscosifying agent is highly preferred. Suitable cold swelling starches are preferably selected from the group comprising Passelli EZ 1911<sup>tm</sup>, Ultratex A<sup>tm</sup>, Ultratex 1<sup>tm</sup>, Ultratex 2<sup>tm</sup>, Ultratex 2000<sup>tm</sup>, Ultratex 3<sup>tm</sup>, Ultratex 4<sup>tm</sup>, Instant Clearjel<sup>tm</sup>,

- 15 Ultrasperse M<sup>tm</sup>, Ultrasperse 5<sup>tm</sup>, and Ultrasperse A<sup>tm</sup> and combinations thereof. The mentioned examples are available from National Starch.
  - Remyline  $AP^{tm}$  ex Remy Industries is another suitable cold swelling starch.
- 20 Modified potato starch such as Paselli SA 2 <sup>tm</sup> from Avebe was found to be less preferred for use as a cold hydrating viscosifying agent for preparation of final emulsions that are spreadable. Cook -up starches such as Colflo 67<sup>tm</sup> are alo less preferred, especially for fat continuous base compositions as
- 25 these will only provide structure after cooking for a considerable amount of time which not compatible with a simple preparation within 3 minutes. Optionally a pre-cooked cook-up starch may be included in a water continuous base composition.
- 30 The base composition may comprise citric cell wall material in addition to a cold hydrating viscosifying agent or as an alternative thereto. Examples of suitable material are for example: Herbacel AQ plus citrus fibre tm from Herbafood

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ingredients GmbH. The citric cell wall material is preferably subjected to a homogenisation treatment before use. Such material is preferably included in a fat based base composition.

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reduced swetting.

Optionally the base composition comprises polysaccharides. Hydration of polysaccharides in the final product may contribute to a texture which is overall gell-like.

- 10 In the compositions according to the invention, preferred polysaccharides are high molecular weight polysaccharides such as guar, xanthan, locust bean gum, pecthin, lambda carrageenan, fenugreek, konjac mannan, xyloglucan, carboxymethylcellulose, methylcellulose or a combination thereof.
- 15 The presence of such a polysaccharide in the base composition is highly preferred because of their effect on droplet size in the final emulsion. It is believed that the presence of a polysaccharide, preferably guar gum, leads to products with smaller average oil droplet size in a final oil in water 20 emulsion. Such products are more stable upon storage and show

Optionally the base composition comprises a protein. Preferred proteins are milk proteins such as (denatured) whey protein, 25 casein, caseinate or a caseinate replacer, butter milk (powder), skim milk (powder) or a combination thereof.

The base composition can be in any suitable physical form such as a powder, a flowing liquid, a paste, a tablet, a dispersion of aqueous soluble ingredients in oil. A tablet, powder or aqueous dispersion are most preferred whereas a pourable oil composition or oil slurry such as those disclosed in WO-A-02/00030 are less preferred.

According to a preferred embodiment, the base composition is at least partially transparent. Such composition can for example be a liquid oil comprising dissolved therein oil soluble

5 components of the final emulsion and dispersed therein water soluble components or an aqueous phase comprising dissolved therein (part of the) water soluble components and optionally dispersed oil soluble components of the final emulsion.

Preferably the base composition is entirely transparent. Such 10 base composition is suitable for preparing a spreadable water and oil containing composition by adding the remaining ingredients thereto. Such emulsion is generally opaque. The change from at least partially transparent to opaque is an example of a change in sensory properties according to the 15 invention. The R-index for said change was found to be about 100%.

In a further preferred embodiment, the base composition is a powder or a tablet. The transformation of such composition to a 20 water and oil containing emulsion shows a significant change in texture namely from powder or tablet to a plastic emulsion type product. This is an example of the change in sensory properties. Furthermore tablets and powders which are free flowing are easy to handle and their dosing is generally highly reliable.

If the base composition is in the form of a tablet or powder, the consumer may prepare the final spreadable emulsion by the addition of at least water and oil.

30 Therefore in another aspect the invention relates to a tablet or powder composition suitable for the preparation of an oil in water emulsion said composition comprising a cold hydrating

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viscosifying agent or a replacer thereof, a lecithin, caseinate or a caseinate replacer, salt and acidifying agent.

The tablet or powder composition preferably comprises from 35 to 70 weight%, preferably 40 to 65 wt% of a cold hydrating viscosifying agent, from 3 to 30 weight%, preferably from 5 to 25 wt% of a lecithin, from 3 to 30 weight%, preferably from 5 to 25wt% of caseinate or a caseinate replacer, salt, acidifying agent.

10 The preferred cold hydrating viscosifying agent is a cold swelling starch. An alternative cold hydrating viscosifying agent is citric cell material as referred to above.

For this tablet or powder, suitable lecithins include for

15 example hydrolysed lecithin such as BOLEC MT<sup>(tm)</sup>, Sterpur E<sup>(tm)</sup>,

Adlec E<sup>(tm)</sup>; fractionated lecithin such as the alcohol soluble

fraction of native lecithins such as Cetinol<sup>(tm)</sup>, Nathin 3-KE<sup>(tm)</sup>;

native lecithin such as Bolec ZT<sup>(tm)</sup>, Adlec<sup>(tm)</sup>, Sterpur PM<sup>(tm)</sup>;

and combinations of any of these. Compositions including a

20 hydrolysed lecithin are highly preferred.

The preferred tablet or powder composition further comprises caseinate or a caseinate replacer. Without wishing to be bound by any theory, it is believed that caseinate plays a dual role in the final emulsion namely as an emulsifier and as a viscosity enhancer. Optionally caseinate may be replaced with an ingredient or combination of ingredients also fulfilling this function. An example of a suitable caseinate replacer is the combination of an emulsifier such as sorbitan monopolyoxyethylene (Tween) and a gum such as guar gum.

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A preferred tablet or powder composition is composed such that the ratio between the amount of lecithin and the amount of caseinate is from 2:1 to 1:2, preferably from 1.5:1 to 1:1.5.

5 It will be appreciated that the amount and ratio of the ingredients of the tablet or powder will depend on the envisaged ratio of oil and water that is added. It is believed to be within the general capacity of a person skilled in the art to vary the ratio and amount of the individual ingredients 10 such that a spreadable final emulsion may result.

In an even more preferred embodiment, the tablet or powder composition comprises from 45 to 65 weight% of a cold hydrating viscosifying agent, from 10 to 25 weight% of a lecithin, from 10 to 25 weight% of caseinate or a caseinate replacer, salt and acidifying agent.

Optionally the tablet or powder composition comprises some oil. It was found that amounts of up to about 10 wt% on total composition are tolerable. Higher amounts lead to pasty products which are no longer a tablet or a free flowing powder and hence less easy to handle.

Furthermore the tablet or powder composition optionally.

25 comprises a colour composition, flavour composition,
preservative or a combination thereof.

In a further aspect the invention relates to the preparation of a tablet said process comprising the steps of mixing lecithin into powdered components comprising cold hydrating viscosifying agent, caseinate, salt and acidifying agent; compressing the obtained mixture to a tablet.

In an alternative embodiment the base composition is an aqueous composition to which oil and optionally some water is added for

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preparing a final oil and water containing emulsion. In this 5 embodiment, the aqueous composition preferably comprises caseinate, a viscosifying agent such as guar, a preservative such as sorbate, and a pre-cooked cook-up starch such as Colflo67<sup>tm</sup>. Such aqueous base composition is preferably pasteurized or sterilized before packaging.

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In a further alternative embodiment the base composition is a cream. Advantageously such a cream can be used as a cooking product as such e.g. as a cooking cream, a whipping cream or a coffee creamer. Such base composition is turned into a

15 spreadable product by the addition of a liquid oil, acid, salt and a cold hydrating viscosifying agent. A preferred cold hydrating viscosifying agent in such case is citric cell material which may easily be prepared by a consumer.

The cream preferably comprises from 10 to 40 wt% fat,

20 preferably from 15 to 35 wt% fat.

Said cream is preferably based on dairy fat, vegetable fat or a combination thereof. Said fat preferably comprises a certain amount of hardstock fat to enable the whippability of the cream. Therefore preferably in this embodiment, at least part

25 of the fat in the cream is characterised by a solid fat profile of more than 30% solid fat at 5 °C, more than 25% solid fat at 10 °C and more than 25% solid fat at 20 °C.

More preferred at least 50 wt%, even more preferred from 75 to 100 wt% of the total fat or fat blend shows the indicated solid 30 fat profile.

The solid fat content can be measured by a suitable analytical method such as NMR.

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Even more preferred at least 50 wt% of the total fat is solid at 10 °C. Suitable fats in this respect are for example hardened palm kernel oil, coconut fat, hardened coconut fat, (hardened) palm oil, butter fat, fats comprising C14 and/or C1

5 (hardened) palm oil, butter fat, fats comprising C14 and/or C16 fatty acids such as laurics, (hardened) babassu oil or mixtures thereof.

Fats comprising a high content of C14 and/or C16 fatty acids are highly preferred as a source of the fat phase, as they tend 10 to show enhanced clumping behaviour and good oral melt properties.

It will be appreciated that a suitable fat blend is preferably of such fat composition that the final product still melts at 15 least partly when consumed.

Especially suitable is a fat blend comprising more than 50% of a partially hardened palm kernel oil, for example a palm kernel oil with a slip melting point of from 35 to 45 °C.

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Without wishing to be bound by any theory, it is believed that the solid fat present in the base composition of this embodiment, imparts whippability to the product and in the final product promotes the formation of a so called clumped fat phase which is for example disclosed in WO-A-01/10234.

Preferably the cream in this embodiment comprises a protein and an emulsifier.

30 The invention will be illustrated by the following non-limiting examples.

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#### Examples

#### General

#### 5 Determination of G'

Oscillatory shear measurements were performed using a Carrimed CSL500 Rheometer (parallel plate geometry) at a constant temperature of 5°C. (Stress of 10Pa and Frequency of 1Hz). The 10 sample was loaded onto the rheometer immediately after mixing and values of G' were collected every 30 seconds. The value of G' quoted in Pa is that recorded at a time of 15 minutes after initial shaking.

Stevens value was determined in g by using a Stevens texture 15 analyser (2 mm/sec, 20 mm depth, mayonnaise grid (mesh 7, thread thickness 0.8 mm, mesh width 2.83 mm,). Alternatively for harder products a cylindrical probe was used having a diameter of 7 mm with penetration depth of 10 mm.

20 RVA-method to determine suitable cold hydrating viscosifying agents.

#### Rapid Visco-Analyser (RVA) - Biopolymer Hydration Test

25 A model emulsion was prepared containing:

Sunflower Oil 12.5g
Lecithin (Bolec MT) 2.5g

"test agent" 4.0g in case of starch, 1 g in case of a

30 gum.

These ingredients were mixed for 1 minute, at 25 °C, then water 11.25g (equivalent to 45 Parts in 100g formulation) was added.

This mixture was put straight into RVA machine (manufactured by Newport Scientific Pty Ltd) and mixed for 10 mins at 25°C, 180rpm.

5 From these data, final viscosity and rate of viscosity development (ie. the maximum gradient between the offset of viscosity increase and the plateau of final viscosity) were derived.

#### 10 Small Deformation Rheology of Instant Spreads

value from 0 to 2 minutes was determined.

Product was placed on rheometer with parallel plate geometry in oscillation mode, 1mm gap, 4cm diameter.

The experiment consisted of a stress sweep from 1 up to ~1000 Pa.

15 The parameters are as follows: frequency 1Hz, temperature 20°C.

From the plot of tan delta vs strain, the value of strain where tan delta = 1 is plotted against the initial tan delta value.

# 20 Rapid Visco-Analyser (RVA) - Viscosity Development of Instant Spread from Oil paste (example 2-5)

12.5g of Oil paste was stirred until homogeneous for 10 minutes at 25°C. 12.5g of water was added and the two were mixed on the RVA machine (manufactured by Newport Scientific Pty Ltd)

25 for 10 mins at 25°C, at a speed of 180rpm. From these data the increase in viscosity to a maximum plateau

# Rapid Visco-Analyser (RVA) - Viscosity Development of Instant 30 Spread from Tablet (Example 1)

2.4g of Tablet was dispersed in 11.9g oil until homogeneous (1 minute at 25°C). 10.7g water as added and the ingredients were

mixed on the RVA machine for 10 minutes at 25°C, at a speed of 180rpm.

From these data the increase in viscosity over 2 to 3 minutes was determined.

5

#### General RVA method

With respect to RVA method for the final emulsion, for different fat/water levels the weights need to be adjusted to give a total amount of 25g product.

10

#### Example 1

A tablet composition with ingredients as listed in table 2 was prepared by mixing Bolec, flavour and colour ingredients into 15 the other, powdered, components of the recipe until a homogeneous dispersion was obtained. The mixture was compressed in a suitable die at a constant 300 psi for approximately 60 seconds.

#### 20 Table 2

Ingredient	weight %
Ultratex 4 (starch	43.5
from National	
Starch (ICI))	
BolecM/T(hydrolysed	10.9
lecithin from	
Unimills	
Zwijndrecht)	
Sodium caseinate	10.9
Sodium chloride	13
Tri sodium citrate	3.2
Citricacid	1.3
anhydrous	
Potassium sorbate	1.0
Colour 2% in oil	5.4
Flavour in oil	10.8

23

The resulting tablet weighed 10 g and was sufficiently strong for handling and packaging and easily crumbled for preparation of an emulsion.

5 The emulsion was prepared by mixing the tablet with 50 g of sunflower oil and 45 g water. The mixing was done by manual stirring with a fork for about 2 minutes. Already after this short time a spreadable oil in water emulsion was formed. The R-index of the change in texture from powder to opaque 10 spreadable emulsion was 100%.

The base composition is suitable for preparing a spread within 2 minutes whereby the consumer shaking the product perceives a change in viscosity of a liquid product to a spreadable product. The base composition can be sold as such in a pouch or other packaging material.

#### Example 2

20

A paste (the base composition) was prepared comprising the composition according to table 3. The paste was prepared by mixing lecithin in sunflower oil at room temperature, followed by the addition of the other ingredients, like the starch, and shaking this mixture in a sealed container to disperse the powders in the oil.

Table 3

	Base composition	Final emulsion
	% of Oil	% wt of total final
	Composition	product weight after
		mixing with water
Sunflower oil	90.0779	47.3900
sorbitan	0.5322	0.2800
monopolyoxyethylene		
(Tween 20)	L	
Ultratex 4 <sup>tm</sup> ex national	4.5048	2.3700
starch		
Sodium Chloride	2.1479	1.1300
Tri-Sodium Citrate	0.5322	0.2800
Citric Acid	0.2281	0.1200
Potassium Sorbate	0.1711	0.0900
Water		47.3900
Guar	1.8057	0.9500
Total	100.0000	100.0000

5 To this paste 1 volume equivalent of water was added which corresponds to 47.39 wt% water on final emulsion weight. The resulting product was prepared by shaking the oil phase and the aqueous phase for 2 minutes. The Stevens value of the resulting product was 89 g at 5 °C. The product was spreadable and showed 10 good oral properties. Also the product was stable on storage at 35°C for 14 days.

The base composition is suitable for preparing a spread within 2 minutes whereby the consumer shaking the product perceives a change in viscosity of a liquid product to a spreadable product.

The R-index of the change in texture from oil slurry to opaque spreadable emulsion was 100%.

The base composition can be sold as such in a pouch or other 20 packaging material.

25

#### Example 3

A base composition was prepared as in example 2. The composition of the base composition is listed in table 4.

5

Table 4

	<del></del>			
	<u> </u>	Bas	e composition	
	% wt	on oil	composition	% wt on total weight of
	1			the final emulsion after
	1			mixing with water
Sunflower oil			88.1057	44.7427
Bolec M/T (hydrolysed			0.7048	0.3579
lecithin)				
Sodium Caseinate			1.1013	0.5593
Ultratex 4 <sup>tm</sup> ex national			5.7269	2.9083
starch				
Guar			0.8811	0.4474
Hydroxypropylmethylcellul			0.4405	0.2237
ose F4M (HPMC)				
Sodium Chloride			2.1145	1.0738
Trisodiumcitrate			0.5286	0.2685
Citric acid			0.2203	0.1119
Potassium Sorbate			0.1762	0.0895
Water				49.2170
Total			100.0000	100

To this paste 1 volume equivalent of water was added which corresponds to 49.22 wt% water on final emulsion weight. The 10 resulting product was prepared by shaking the oil phase and the aqueous phase for 2 minutes. The Stevens value of the resulting product was 65 g at 5 °C. The product was spreadable and showed good oral properties. Also the product was stable on storage at 35 °C for 14 days.

15

The base composition is suitable for preparing a spread within 2 minutes whereby the consumer shaking the product perceives a change in viscosity of a liquid product to a spreadable product. The R-index of the change in texture from oil slurry 20 to opaque spreadable emulsion was 100%.

The base composition can be sold as such in a pouch or other packaging material.

The RVA range for the preparation of the emulsion was from 0 to 5 about 7500cP.

#### Example 4

A base composition was prepared as in example 2. The composition of the base composition is listed in table 5.

10

Table 5

Ingredient	Base composition	Final emulsion after
,		mixing with water
	% wt on oil	% wt on total
	composition	emulsion weight
Sunflower oil	91.7431	
Manugel <sup>tm</sup> (Alginate)	0.9174	
Manucol <sup>tm</sup> Ester M (PGA;	0.9174	0.4785
polypropylene		İ
glycolalginate		0.0057
Calcium Carbonate	0.1835	
Tri-Sodium Citrate	0.2752	
Citric Acid	0.2752	
NaCl	1.8349	0.9569
Potassium Sorbate	0.1835	0.0957
Ultratex 4 <sup>tm</sup> ex national	3.6697	1.9139
starch		
Water		47.8469
WALGI	100.0000	100.0000

To this paste 1 volume equivalent of water was added which

15 corresponds to 47.85 wt% water on final emulsion weight. The
resulting product was prepared by shaking the oil phase and the
aqueous phase for maximum 2 minutes. The R-index of the change
in texture from oil slurry to opaque spreadable emulsion was
100%. After the emulsion had been left to stand for 10 minutes,

20 it was stirred. The Stevens value of the resulting product was

20 it was stirred. The Stevens value of the resulting product was about 50 g at 5 °C. The product was spreadable and showed good

oral properties. Also the product was stable on storage at 35 °C for 14 days.

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The base composition is suitable for preparing a spread within 2 minutes whereby the consumer shaking the product perceives a 5 change in viscosity of a liquid product to a spreadable product.

The base composition can be sold as such in a pouch or other packaging material.

#### 10 Example 5

A base composition was prepared as in example 2. The composition of the base composition is listed in table 6.

15 Table 6

	Base composition	Final emulsion after mixing with water
	% wt on oil	% wt on total weight
	composition	of the final emulsion
Sunflower oil	90.7935	47.5873
Low methoxy Pectin (LM12 CG-Z)	1.8159	0.9517
Beet-Pectin	0.9079	0.4759
Calcium Carbonate	0.3632	0.1903
Tri-Sodium Citrate	0.2724	0.1428
Citric Acid	0.2179	0.1142
Sodium Chloride	1.8159	0.9517
Potassium Sorbate	0.1816	0.0952
Ultratex 4 <sup>tm</sup> ex	3.6317	1.9035
national starch		
Water		47.5873
	100.0000	100.0000

To this paste 1 volume equivalent of water was added which corresponds to 47.59 wt% water on final emulsion weight. The 20 resulting product was prepared by shaking the oil phase and the aqueous phase for 2 minutes. The base composition is suitable for preparing a spread within 2 minutes whereby the consumer

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shaking the product perceives a change in viscosity of a liquid product to a spreadable product. The R-index of the change in texture from oil slurry to opaque spreadable emulsion was 100%. The emulsion was left to stand for 10 minutes and then stirred.

5 The Stevens value of the resulting product was about 55 g at 5 °C. The product was spreadable and showed good oral properties. Also the product was stable on storage at 35 °C for 14 days. The base composition can be sold as such in a pouch or other packaging material.

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#### Claims

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1. Method for the preparation of a spreadable oil and water comprising emulsion, comprising mixing a base composition with oil and/or water by a simple, preferably manual operation, characterised in that the spreadable emulsion is prepared within 3 minutes and the preparation is accompanied by a change in sensory properties which is demonstrated by an R-index in the R-index sensitivity test of more than 80%.

- Method according to claim 1 wherein the spreadable emulsion is prepared within 2 minutes.
- 3. Method according to claim 1 or claim 2 wherein the change in sensory properties is a change in flavour, texture, colour, aroma or a combination thereof.
- 4. Method according to any of claims 1-3 wherein the change in sensory properties is demonstrated by an R-index in the R-index sensitivity test of more than 90%.
- Method according to any of claims 1-4 wherein the change in sensory properties is a change in texture.
- 6. Method according to any of claims 1-5 wherein the base composition is at least partially transparent.
- 7. Method according to any of claims 1-6 wherein the emulsion is an oil in water emulsion.

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- 8. Base composition for use in a method according to any of claims 1-7, characterised in that said base composition is a powder or a tablet.
- 9. Tablet or powder composition suitable for preparing an oil in water emulsion, said composition comprising a cold hydrating viscosifying agent, a lecithin, caseinate or a caseinate replacer, salt and acidifying agent.
- 10. Tablet or powder composition according to claim 9 wherein the composition comprises from 35 to 70 weight% of a cold hydrating viscosifying agent, from 3 to 30 weight% of a lecithin, from 3 to 30 weight% of caseinate or a caseinate replacer, salt and acidifying agent.
- 11. Tablet or powder composition according to claim 10 wherein ratio between the amount of lecithin and the amount of caseinate is from 2:1 to 1:2, preferably from 1.5:1 to 1:1.5.
- 12. Process for the preparation of a tablet according to any of claims 9-11 said process comprising the steps of mixing lecithin into powdered components comprising cold hydrating viscosifying agent, caseinate, salt and acidifying agent; compressing the obtained mixture to a tablet.
- 13. Use of a base composition according to claim 8 or a tablet or powder according to any of claims 9-11 for the preparation of an oil in water emulsion.

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IPC 7	FICATION OF SUBJECT MATTER A23D7/00 A23D7/04 A23L1/03 A23P1/02	35 A23L1/0522	A23P1/06
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(54) Title: INSTANT EMULSION

(57) Abstract: A base composition is provided which is suitable for the preparation of a spreadable emulsion with multiple functionality. The base composition is turned into a spreadable emulsion by a consumer. The preparation of the spreadable emulsion is accompanied by a change in sensory properties which is demonstrated by an R-index in the R-index sensitivity test of more than 80%.



